

Abilities Workshop has helped my daughter Nevaeh grow and learn in insurmountable ways.

From birth she had tummy troubles and went through a number of formulas. As she got older I began to justify her tummy troubles saying "that just runs in our family" she wasn't regularly complaining so I just thought "It will be ok." It wasn't until I learned about Abilities Workshop and listened to a specialist on the Vortex and began to learn about the importance of gut health that my eyes were opened to how wrong things were with my daughter.

The icing on the cake was when Jeanetta told me about her personal journey with her daughter and her gut health challenges. How special that moment was to me to finally have met someone that understood my situation and was willing to listen, I mean really listen.

Something else that really helped our family was one of the parent programs called Developability. It teaches you about merging skills sets between your child's chronological age and developmental age. It has so much heart poured into it and truthfully left me feeling that I can do this journey another day. Thank you Abilities Workshop for being our lighthouse during one of our darkest storm.



The Good The Bad and The Godly