

August 17th Guest : Dr. Pejman Katiraei

Conversation: When Anxiety is Not Anxiety

We presume that anxiety is just anxiety. But what if the anxiety your child is suffering from is just a superficial sign of a deeper imbalance? We often don't realize that hormonal imbalances, errors in energy production, gut problems and more can all cause strange symptoms that look like anxiety. When you understand and address the root cause of your child's anxiety, you not only effectively resolve your child's anxiety but also give them the health and vitality they deserve.



Dr. Pejman Katiraei is a board-certified pediatrician who is also boarded and fellowship trained in integrative and holistic medicine. He completed his undergraduate at UCLA and then obtained his osteopathic medical degree at Western University of Health Sciences. He completed his pediatric residency at Loma Linda University, where he stayed on Pediatric Chief Resident, and then as teaching faculty for over 4 years while he founded the Loma Linda University Wholistic Medicine Clinic. Dr. Katiraei also completed two fellowships in integrative medicine, one with the University of Arizona. Dr. Katiraei's second fellowship was in Endobiogeny, a European systems biology medical model which emphasizes the use of botanicals in management of the neuroendocrine system. Dr. Katiraei is one of a few physicians in the country with mastery of osteopathy, functional medicine, functional endocrinology, medical herbalism and more. Dr. Katiraei is now working to build Wholistic Minds, a system that will give families everywhere access to the information they need to help heal their child from severe behavioral challenges.



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