

September 1st Guest : Dr. Paula Kruppstadt

Conversation: Biotoxins and Immune Dysregulation

This conversation will focus on understanding what a Biotoxin is, how they become a factor in our health and ways to mitigate the impact of these toxins. We will learn best practices on identifying who is at highest risk and what can be done to help our bodies heal. Additionally, we better understand the events that may happen if these factors are left unchecked.

Dr. Kruppstadt graduated from the University of Texas Health Science Center at San Antonio in 1990. She completed her pediatric internship and residency at William Beaumont Army Medical Center in El Paso in 1993. She promptly earned her Board Certification from the American Board of Pediatrics in 1993 and she is also a Fellow of the American Academy of Pediatrics.



She served as a U.S. Army pediatrician at Ft. Hood, Texas and then relocated to The Woodlands, Texas in 1995. She has since worked as a general pediatrician in various venues, including Texas Children's Pediatrics and Texas Children's Urgent Care. Dr. Kruppstadt also served as a pediatric hospitalist for Baylor College of Medicine at St. Luke's Hospital in The Woodlands, Texas.

Dr. Kruppstadt is a Certified Practitioner of Functional Medicine by The Institute for Functional Medicine—IFMCP. She is one of only a few pediatricians in the world who are certified IFMCP."



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