

July 1st Guest : Dr. Jerry Kartzinel

Conversation: Autism and Anxiety

Most of my patients on the autism spectrum are not able to tell us they are anxious, but we certainly can deduce that they actually do suffer with anxiety from their actions and behaviors.

Some children appear to be in a constant state of anxiety and/or fear where others cycle in and out depending on the stimuli presented – like being told “no,” or school drop off, preparing for sleep, well, the list can go on and on and is very particular to the child.

Today’s discussion will zero in on how to recognize anxiety in your child and discuss current state-of-the-art treatments that can bring tremendous relief to your child – and the family too!

Dr. Jerry Kartzinel is a Board Certified Pediatrician and a Fellow in the American Academy of Pediatrics. He specializes in the treatment and management of autism, anxiety, neurodevelopmental disorders, chronic neuro-inflammatory diseases, and hormone dysfunctions. After receiving his medical degree at St Louis University School of Medicine, he completed his residency in pediatric medicine in the Air Force.



Following Desert Storm, Dr Kartzinel practiced general pediatrics in private practice for 10 years until his fourth son, Joshua, was diagnosed with autism. Dr. Jerry has specialized in treating children who are on the autism spectrum (Autism, Asperger’s, ADD/ADHD) for over 25 years. To help these patients with their specific medical challenges, he has spent years studying the most current and up to date pediatric and adult literature. Using his pediatric experience, he adapts personal treatment options to fit the needs of each of his patients. He has spent years treating the physical and mental challenges of his patients and has developed a great deal of experience treating anxiety, hormone dysfunction, and neurodevelopmental disorders.

Dr. Jerry practices a form of integrative medicine – using supplements, diet modification, and if necessary, prescription medications to manage the various medical challenges his patients face. Above all, Dr. Jerry is a clinical physician – he doesn’t treat numbers on a test page, he treats the patient. His goal is to see concrete, clinical improvements in the patient’s medical problems and optimize each patient’s health and overall function.



THE VORTEX

Autism Answers Revealed

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